

# The Student's Handbook For Outdoor School



September 11-15, 2023



**CAMP CHEROKEE**  
433 Gilpin Bay, Saranac Lake, NY 12983  
518-891-3520

## Living at Outdoor School

At Outdoor School, you will live in a cabin with students from other schools, under the leadership of a counselor. Your counselor is there to help you during your week in the Outdoor School. During the day, you will be under the supervision of different staff members at different times. You can help the staff do their jobs by using your light-skills of cooperation, respect, and responsibility at all times.

Each day you will share in jobs, which are an important part of Outdoor School. Your cabin group, at one time or another, will sweep floors, clean tables and scrape dishes, clean bathroom facilities, and clean up the grounds. In addition, each of you will be responsible for keeping your bunk area and cabin neat and clean.

Each morning and evening we will meet for worship. During worship, you will sit together as a cabin group with your counselor and participate appropriately. After morning worship, you will go directly to your first class. After evening worship, you will return to your cabin with your cabin counselor, and prepare for bed.

In addition to evening and morning group worships, a time has been set aside for your personal devotions. You are encouraged to spend this time alone with God. Whether or not you choose to take advantage of this special time, you are asked to maintain extreme quiet so that your counselor and cabin mates can enjoy their devotional time.

## Arrival

When you arrive at Outdoor School, you will be assigned to your sleeping quarters for the week. Your luggage, sleeping bags, and other gear should be unloaded after you receive your cabin assignment. You are expected to stay with your teacher or at your cabin until Outdoor School activities begin.

## Clothing and Equipment

The following is a suggested list of items to bring. To prevent loss, please use a permanent felt pen or name tag to clearly mark all clothing and personal equipment with your name. **Cell phones must be left with your teacher for safe-keeping.** You may arrange with your teacher to use your phone at certain times of the day to call your parents.

DO NOT BRING RADIOS, CD AND DVD PLAYERS, IPODS, ELECTRONIC GAMES, LAPTOPS, COMIC BOOKS, KNIVES, MATCHES, CANDY, GUM OR FOOD.

### Packing Checklist:

#### LUGGAGE

Is your luggage tagged?

#### Bedding

Sleeping bag or 2-blanket bedroll and sheet

Pillow

#### Clothing

Shirts, warm jacket, raincoat or rain poncho and head covering, pajamas, shoes and tennis shoes, modest swimsuit, jeans, socks, underwear, slippers, waterproof boots or extra shoes, plastic bag for dirty clothes. Try to avoid denim - it is difficult to dry.

#### Toiletries Kit

Bath towels, soap and container, shampoo, toothbrush and paste, washcloths, comb and brush, deodorant

#### Equipment

Flashlight, pencil and pen, Bible, notebook, water bottle

#### Optional Items

Backpack, baseball glove, running gear, camera, binoculars, safety pins to repair clothing, ping-pong paddle

## Rules for Outdoor School

These rules will help ensure that everyone can equally and safely share the pleasure and benefits of Outdoor School. While at Outdoor School, all of us are expected to behave in a manner that will respect the rights of others and to abide by the following specific rules:

1. Leave the campgrounds only under the direction of your counselor or teacher. Boundaries are explained at the opening Orientation. Your counselor **must** know where you are at all times.
2. Students are not permitted to be at the waterfront or pool without adult supervision.
3. Protect yourself and others by not throwing rocks and other items.
4. Run only in places designated by the director.
5. A quiet atmosphere will be maintained from 9:30 P.M. to 6:30 A.M.
6. Protect living plants and animals from injury or destruction. Collecting of scientific specimens is permitted only under the guidance of a counselor or teacher.
7. Report any injury or sickness to your counselor immediately, day or night.
8. Comply with the Outdoor School schedule. You are responsible for being where you are supposed to be when you are supposed to be there.
9. Possession or use of alcohol, drugs or tobacco in any form will forfeit your attendance at Outdoor School.
10. Girls are not permitted to be in the boys' cabins/restroom areas. Boys are not permitted to be in the girls' cabins/restroom area.

This is an extension of the regular school program, and the usual school rules apply.

Continuous sounding of an alarm will indicate a fire or serious emergency in camp, and everyone should assemble immediately at the ball field.